

**King Pharmaceuticals,**<sup>®</sup> **LLC** 501 Fifth Street Bristol, TN 37620

March 2013

Dear Healthcare Professional:

King Pharmaceuticals LLC, a wholly owned subsidiary of Pfizer Inc, has initiated a recall of LEVOXYL (levothyroxine sodium) at retail pharmacies. LEVOXYL is a prescription medicine approved to treat hypothyroidism and prevent certain types of goiter.

The voluntary LEVOXYL recall is due to complaints from pharmacists and patients of an uncharacteristic odor after some LEVOXYL bottles have been opened. The odor is related to the oxygen-absorbing canister that is packaged in the 100-count and 1000-count bottles. Pfizer has conducted a careful health assessment and has concluded that the odor is not likely to cause any adverse health consequences. However, the company discussed this situation with the FDA and decided, out of an abundance of caution, to voluntarily recall all strengths\* of LEVOXYL to the retail level. There is no need for patients to return or discard the medication they have, as they may continue to take the medication in accordance with their health care provider's prescribed directions.

It is important to note that Pfizer cannot make any recommendations regarding alternative or substitute therapies for LEVOXYL. A change in therapy will be at the physician's discretion. Be advised that your patients may want to discuss their options with you regarding alternative treatment options.

Pfizer regrets the inconvenience this action may have caused and is working to resolve the issue as quickly as possible. It is anticipated that LEVOXYL may not be available until 2014.

In addition, please be aware that we are currently unable to honor LEVOXYL free-trial vouchers due to the recall and lack of product supply. We ask you to refrain from distributing vouchers to your patients at this time.

As always, patient safety is of the utmost importance to Pfizer. Please direct any medically related questions about LEVOXYL to Pfizer Medical Information by calling 1-800-438-1985. We appreciate your patience and understanding as we work to make LEXOXYL available again as soon as possible.

Regards,

The LEVOXYL Team King Pharmaceuticals and Pfizer Inc

# **Important Safety Information**

WARNING: Thyroid hormones, including LEVOXYL, either alone or with other therapeutic agents, should not be used for the treatment of obesity or for weight loss. In euthyroid patients, doses within the range of daily hormonal requirements are ineffective for weight reduction. Larger doses may produce serious or even life threatening manifestations of toxicity, particularly when given in association with sympathomimetic amines such as those used for their anorectic effects.

Please see additional Important Safety Information on reverse side and enclosed full Prescribing Information.



\*25 mcg, 50 mcg, 75 mcg, 88 mcg, 100 mcg, 112 mcg, 125 mcg, 137 mcg, 150 mcg, 175 mcg, 200 mcg.

# **Important Safety Information (cont'd)**

LEVOXYL (levothyroxine sodium) is contraindicated in patients with untreated subclinical or overt thyrotoxicosis of any etiology, acute myocardial infarction, or uncorrected adrenal insufficiency. LEVOXYL is contraindicated in patients with hypersensitivity to any of its inactive ingredients.

LEVOXYL should not be used in patients with nontoxic diffuse goiter or nodular thyroid disease if serum TSH level is already suppressed. If the TSH is not suppressed, LEVOXYL should be used with caution and monitoring for evidence of hyperthyroidism.

LEVOXYL should not be used for the treatment of male or female infertility unless this condition is associated with hypothyroidism.

LEVOXYL has a narrow therapeutic index. Careful dosage titration is necessary to avoid the consequences of over- or under- treatment such as effects on growth and development, cardiovascular function, bone metabolism, reproductive function, cognitive function, emotional state, gastrointestinal function, and glucose and lipid metabolism.

Decreased bone mineral density (BMD) has been associated with long term LEVOXYL therapy in women. It is recommended that LEVOXYL be given in the minimum dose necessary to achieve the desired response.

LEVOXYL should be initiated at lower doses in the elderly and in patients with cardiovascular disorders.

Many drugs affect thyroid hormone pharmacokinetics and metabolism. Thyroid hormones also affect the pharmacokinetics and action of other drugs. The prescriber should be aware of this fact and should consult appropriate reference sources.

Acute massive overdosage of LEVOXYL may be a life-threatening emergency. Symptomatic and supportive therapy should be instituted immediately.

Adverse reactions associated with LEVOXYL are primarily those of hyperthyroidism due to therapeutic overdosage: fatigue, increased appetite, weight loss, heat intolerance, fever, excessive sweating, headache, hyperactivity, nervousness, anxiety, irritability, emotional lability, insomnia, tremors, muscle weakness, palpitations, tachycardia, arrhythmias, increased pulse and blood pressure, heart failure, angina, myocardial infarction, cardiac arrest, dyspnea, diarrhea, vomiting, abdominal cramps, hair loss, flushing, menstrual irregularities, impaired fertility, and rarely seizures. Also in children: pseudo tumor cerebri, slipped capital femoral epiphysis; overtreatment may result in craniosyntosis, and premature closure of the epiphyses.

When LEVOXYL was not taken with water the following adverse events have been reported: choking, gagging, tablet stuck in throat and dysphagia.

# Indications

LEVOXYL is indicated for hypothyroidism – as replacement or supplemental therapy in congenital or acquired hypothyroidism of any etiology, except transient hypothyroidism during the recovery phase of subacute thyroiditis. Specific indications include: primary (thyroidal), secondary (pituitary), and tertiary (hypothalamic) hypothyroidism and subclinical hypothyroidism.

LEVOXYL is indicated for pituitary TSH suppression – in the treatment or prevention of various types of euthyroid goiters including thyroid nodules, subacute or chronic lymphocytic thyroiditis (Hashimoto's thyroiditis) multinodular goiter and as an adjunct to surgery and radioiodine therapy in the management of thyrotropin-dependent well-differentiated thyroid cancer.

Please see additional Important Safety Information on reverse side and enclosed full Prescribing Information.



LEV554107-01

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# DESCRIPTION

LEVOXYL<sup>®</sup> (levothyroxine sodium tablets, USP) contain synthetic crystalline L-3,3',5,5'tetraiodothyronine sodium salt [levothyroxine (T<sub>4</sub>) sodium]. Synthetic T<sub>4</sub> is identical to that produced in the human thyroid gland. Levothyroxine (T<sub>4</sub>) sodium has an empirical formula of C<sub>15</sub>H<sub>10</sub>I<sub>4</sub>N NaO<sub>4</sub> • H<sub>2</sub>O, molecular weight of 798.86 g/mol (anhydrous), and structural formula as shown:

#### Inactive Ingredients

Microcrystalline cellulose, croscarmellose sodium, magnesium stearate, calcium sulfate dihydrate and sodium bicarbonate. The following are the coloring additives per tablet strength:

Strength	Color additive(s)	
(mcg)		
25	FD&C Yellow No. 6 Aluminum Lake	
50	None	
75	FD&C Blue No. 1 Aluminum Lake, D&C Red No. 30 Aluminum Lake	
88	FD&C Yellow No. 6 Aluminum Lake, FD&C Blue No. 1 Aluminum Lake,	
	D&C Yellow No. 10 Aluminum Lake	
100	FD&C Yellow No. 6 Aluminum Lake, D&C Yellow No. 10 Aluminum Lake	
112	FD&C Yellow No. 6 Aluminum Lake, FD&C Red No. 40 Aluminum Lake,	
	D&C Red No. 30 Aluminum Lake	
125	FD&C Red No. 40 Aluminum Lake, D&C Yellow No. 10 Aluminum Lake	
137	FD&C Blue No. 1 Aluminum Lake	
150	FD&C Blue No. 1 Aluminum Lake, D&C Red No. 30 Aluminum Lake	
175	FD&C Blue No. 1 Aluminum Lake, D&C Yellow No. 10 Aluminum Lake	
200	D&C Red No. 30 Aluminum Lake, D&C Yellow No. 10 Aluminum Lake	

## CLINICAL PHARMACOLOGY

Thyroid hormone synthesis and secretion is regulated by the hypothalamic-pituitary-thyroid axis. Thyrotropin-releasing hormone (TRH) released from the hypothalamus stimulates secretion of thyroid-stimulating hormone, TSH, from the anterior pituitary. TSH, in turn, is the physiologic stimulus for the synthesis and secretion of thyroid hormones, L-thyroxine (T<sub>4</sub>) and L-triiodothyronine (T<sub>3</sub>), by the thyroid gland. Circulating serum T<sub>3</sub> and T<sub>4</sub> levels exert a feedback effect on both TRH and TSH secretion. When serum T<sub>3</sub> and T<sub>4</sub> levels increase, TRH and TSH secretion decrease. When thyroid hormone levels decrease, TRH and TSH secretion increase.

The mechanisms by which thyroid hormones exert their physiologic actions are not completely understood, but it is thought that their principal effects are exerted through control of DNA transcription and protein synthesis.  $T_3$  and  $T_4$  diffuse into the cell nucleus and bind to thyroid receptor proteins attached to DNA. This hormone nuclear receptor complex activates gene transcription and synthesis of messenger RNA and cytoplasmic proteins.

Thyroid hormones regulate multiple metabolic processes and play an essential role in normal growth and development, and normal maturation of the central nervous system and bone. The metabolic actions of thyroid hormones include augmentation of cellular respiration and thermogenesis, as well as metabolism of proteins, carbohydrates and lipids. The protein anabolic effects of thyroid hormones are essential to normal growth and development.

The physiologic actions of thyroid hormones are produced predominately by  $T_3$ , the majority of which (approximately 80%) is derived from  $T_4$  by deiodination in peripheral tissues.

Levothyroxine, at doses individualized according to patient response, is effective as replacement or supplemental therapy in hypothyroidism of any etiology, except transient hypothyroidism during the recovery phase of subacute thyroiditis.

Levothyroxine is also effective in the suppression of pituitary TSH secretion in the treatment or prevention of various types of euthyroid goiters, including thyroid nodules, Hashimoto's thyroiditis, multinodular goiter and, as adjunctive therapy in the management of thyrotropindependent well-differentiated thyroid cancer (see INDICATIONS AND USAGE, PRECAUTIONS, DOSAGE AND ADMINISTRATION).

#### Pharmacokinetics

**Absorption** — Absorption of orally administered T<sub>4</sub> from the gastrointestinal (GI) tract ranges from 40% to 80%. The majority of the levothyroxine dose is absorbed from the jejunum and upper ileum. The relative bioavailability of LEVOXYL<sup>®</sup> tablets, compared to an equal nominal dose of oral levothyroxine sodium solution, is approximately 98%. T<sub>4</sub> absorption is increased by fasting, and decreased in malabsorption syndromes and by certain foods such as soybean infant formula. Dietary fiber decreases bioavailability of T<sub>4</sub>. Absorption may also decrease with age. In addition, many drugs and foods affect T<sub>4</sub> absorption (see **PRECAUTIONS, Drug Interactions** and **Drug-Food Interactions**).

**Distribution** — Circulating thyroid hormones are greater than 99% bound to plasma proteins, including thyroxine-binding globulin (TBG), thyroxine-binding prealbumin (TBPA), and albumin (TBA), whose capacities and affinities vary for each hormone. The higher affinity of both TBG and TBPA for  $T_4$  partially explains the higher serum levels, slower metabolic clearance, and longer half-life of  $T_4$  compared to  $T_3$ . Protein-bound thyroid hormones exist in reverse equilibrium with small amounts of free hormone. Only unbound hormone is metabolically active. Many drugs and physiologic conditions affect the binding of thyroid hormones to serum proteins (see **PRECAUTIONS, Drug Interactions** and **Drug-Laboratory Test Interactions**). Thyroid hormones do not readily cross the placental barrier (see **PRECAUTIONS, Pregnancy**).

**Metabolism** — T<sub>4</sub> is slowly eliminated (see **TABLE 1**). The major pathway of thyroid hormone metabolism is through sequential deiodination. Approximately eighty-percent of circulating T<sub>3</sub> is derived from peripheral T<sub>4</sub> by monodeiodination. The liver is the major site of degradation for both T<sub>4</sub> and T<sub>3</sub>, with T<sub>4</sub> deiodination also occurring at a number of additional sites, including the kidney and other tissues. Approximately 80% of the daily dose of T<sub>4</sub> is

deiodinated to yield equal amounts of  $T_3$  and reverse  $T_3$  ( $rT_3$ ).  $T_3$  and  $rT_3$  are further deiodinated to diiodothyronine. Thyroid hormones are also metabolized via conjugation with glucuronides and sulfates and excreted directly into the bile and gut where they undergo enterohepatic recirculation.

**Elimination** — Thyroid hormones are primarily eliminated by the kidneys. A portion of the conjugated hormone reaches the colon unchanged and is eliminated in the feces. Approximately 20% of  $T_4$  is eliminated in the stool. Urinary excretion of  $T_4$  decreases with age.

Table 1: Pharmacokinetic Parameters of Thyroid Hormones in Euthyroid Patients				
Hormone	Ratio in Biologic 1/20		t1/2(days)	Protein Binding
	Thyroglobulin	Potency		(%) <sup>2</sup>
Levothyroxine (T <sub>4</sub> )	10—20	1	6—7 <sup>1</sup>	99.96
Liothyronine (T <sub>3</sub> ) 1 4 ≤ 2 99.5				
<sup>1</sup> 3 to 4 days in hyperthyroidism, 9 to 10 days in hypothyroidism; <sup>2</sup> Includes TBG, TBPA, and TBA				

# INDICATIONS AND USAGE

Levothyroxine sodium is used for the following indications:

Hypothyroidism — As replacement or supplemental therapy in congenital or acquired hypothyroidism of any etiology, except transient hypothyroidism during the recovery phase of subacute thyroiditis. Specific indications include: primary (thyroidal), secondary (pituitary), and tertiary (hypothalamic) hypothyroidism and subclinical hypothyroidism. Primary hypothyroidism may result from functional deficiency, primary atrophy, partial or total congenital absence of the thyroid gland, or from the effects of surgery, radiation, or drugs, with or without the presence of goiter.

Pituitary TSH Suppression — In the treatment or prevention of various types of euthyroid goiters (see WARNINGS and PRECAUTIONS), including thyroid nodules (see WARNINGS and PRECAUTIONS), subacute or chronic lymphocytic thyroiditis (Hashimoto's thyroiditis), multinodular goiter (see WARNINGS and PRECAUTIONS) and, as an adjunct to surgery and radioiodine therapy in the management of thyrotropin-dependent well-differentiated thyroid cancer.

#### CONTRAINDICATIONS

Levothyroxine is contraindicated in patients with untreated subclinical (suppressed serum TSH level with normal  $\mathsf{T}_3$  and  $\mathsf{T}_4$  levels) or overt thyrotoxicosis of any etiology and in patients with acute myocardial infarction. Levothyroxine is contraindicated in patients with uncorrected adrenal insufficiency since thyroid hormones may precipitate an acute adrenal crisis by increasing the metabolic clearance of glucocorticoids (see **PRECAUTIONS**). LEVOXYL<sup>®</sup> is contraindicated in patients with hypersensitivity to any of the inactive ingredients in LEVOXYL<sup>®</sup> tablets (see **DESCRIPTION, Inactive Ingredients**).

#### WARNINGS

WARNING: Thyroid hormones, including LEVOXYL®, either alone or with other therapeutic agents, should not be used for the treatment of obesity or for weight loss. In euthyroid patients, doses within the range of daily hormonal requirements are ineffective for weight reduction. Larger doses may produce serious or even life threatening manifestations of toxicity, particularly when given in association with sympathomimetic amines such as those used for their anorectic effects.

Levothyroxine sodium should not be used in the treatment of male or female infertility unless this condition is associated with hypothyroidism.

In patients with nontoxic diffuse goiter or nodular thyroid disease, particularly the elderly or those with underlying cardiovascular disease, levothyroxine sodium therapy is contraindicated if the serum TSH level is already suppressed due to the risk of precipitating overt thyrotoxicosis (see **CONTRAINDICATIONS**). If the serum TSH level is not suppressed, LEVOXYL<sup>®</sup> should be used with caution in conjunction with careful monitoring of thyroid function for evidence of hyperthyroidism and clinical monitoring for potential associated adverse cardiovascular signs and symptoms of hyperthyroidism.

# PRECAUTIONS

#### General

Levothyroxine has a narrow therapeutic index. Regardless of the indication for use, careful dosage titration is necessary to avoid the consequences of over- or under-treatment. These consequences include, among others, effects on growth and development, cardiovascular function, bone metabolism, reproductive function, cognitive function, emotional state, gastrointestinal function, and on glucose and lipid metabolism. Many drugs interact with levothyroxine sodium necessitating adjustments in dosing to maintain therapeutic response (see **Drug Interactions**).

Effects on bone mineral density — In women, long-term levothyroxine sodium therapy has been associated with decreased bone mineral density, especially in postmenopausal women on greater than replacement doses or in women who are receiving suppressive doses of levothyroxine sodium. Therefore, it is recommended that patients receiving levothyroxine sodium be given the minimum dose necessary to achieve the desired clinical and biochemical response.

Patients with underlying cardiovascular disease — Exercise caution when administering levothyroxine to patients with cardiovascular disorders and to the elderly in whom there is an increased risk of occult cardiac disease. In these patients, levothyroxine therapy should be initiated at lower doses than those recommended in younger individuals or in patients without cardiac disease (see WARNINGS; PRECAUTIONS, Geriatric Use; and DOSAGE AND ADMINISTRATION). If cardiac symptoms develop or worsen, the levothyroxine dose should be reduced or withheld for one week and then cautiously restarted at a lower dose. Overtreatment with levothyroxine sodium may have adverse cardiovascular effects such as an increase in heart rate, cardiac wall thickness, and cardiac contractility and may precipitate angina or arrhythmias. Patients with coronary artery disease who are receiving levothyroxine therapy should be monitored closely during surgical procedures, since the possibility of precipitating cardiac arrhythmias may be greater in those treated with levothyroxine. Concomitant administration of levothyroxine and sympathomimetic agents to patients with coronary artery disease may precipitate

Patients with nontoxic diffuse goiter or nodular thyroid disease — Exercise caution when administering levothyroxine to patients with nontoxic diffuse goiter or nodular thyroid disease in order to prevent precipitation of thyrotoxicosis (see WARNINGS). If the serum TSH is already suppressed, levothyroxine sodium should not be administered (see CONTRAINDICATIONS).

#### Associated endocrine disorders

<u>Hypothalamic/pituitary hormone deficiencies</u> — In patients with secondary or tertiary hypothyroidism, additional hypothalamic/pituitary hormone deficiencies should be considered, and, if diagnosed, treated (see **PRECAUTIONS, Autoimmune polyglandular syndrome**) for adrenal insufficiency.

Autoimmune polyglandular syndrome — Occasionally, chronic autoimmune thyroiditis may occur in association with other autoimmune disorders such as adrenal insufficiency, pernicious anemia, and insulin-dependent diabetes mellitus. Patients with concomitant adrenal insufficiency should be treated with replacement glucocorticoids prior to initiation of treatment with levothyroxine sodium. Failure to do so may precipitate an acute adrenal crisis when thyroid hormone therapy is initiated, due to increased metabolic clearance of glucocorticoids by thyroid hormone. Patients with diabetes mellitus may require upward adjustments of their antidiabetic therapeutic regimens when treated with levothyroxine (see **PRECAUTIONS, Drug Interactions**).

# Other associated medical conditions

Infants with congenital hypothyroidism appear to be at increased risk for other congenital anomalies, with cardiovascular anomalies (pulmonary stenosis, atrial septal defect, and ventricular septal defect,) being the most common association.

# Information for Patients

Patients should be informed of the following information to aid in the safe and effective use of  $\mathsf{LEVOXYL}^{\circledast}$ :

- Notify your physician if you are allergic to any foods or medicines, are pregnant or intend to become pregnant, are breast-feeding or are taking any other medications, including prescription and over-the-counter preparations.
- 2. Notify your physician of any other medical conditions you may have, particularly heart disease, diabetes, clotting disorders, and adrenal or pituitary gland problems. Your dose of medications used to control these other conditions may need to be adjusted while you are taking LEVOXYL<sup>®</sup>. If you have diabetes, monitor your blood and/or urinary glucose levels as directed by your physician and immediately report any changes to your physician. If you are taking anticoagulants (blood thinners), your clotting status should be checked frequently.
- Use LEVOXYL<sup>®</sup> only as prescribed by your physician. Do not discontinue or change the amount you take or how often you take it, unless directed to do so by your physician.
- 4. The levothyroxine in LEVOXYL<sup>®</sup> is intended to replace a hormone that is normally produced by your thyroid gland. Generally, replacement therapy is to be taken for life, except in cases of transient hypothyroidism, which is usually associated with an inflammation of the thyroid gland (thyroiditis).
- 5. Take LEVOXYL  $^{\otimes}$  in the morning on an empty stomach, at least one-half hour before eating any food.
- LEVOXYL<sup>®</sup> may rapidly swell and disintegrate resulting in choking, gagging, the tablet getting stuck in your throat or difficulty swallowing. It is very important that you take the tablet with a full glass of water. Most of these problems disappeared when LEVOXYL<sup>®</sup> tablets were taken with water.
- 7. It may take several weeks before you notice an improvement in your symptoms.
- 8. Notify your physician if you experience any of the following symptoms: rapid or irregular heartbeat, chest pain, shortness of breath, leg cramps, headache, nervousness, irritability, sleeplessness, tremors, change in appetite, weight gain or loss, vomiting, diarrhea, excessive sweating, heat intolerance, fever, changes in menstrual periods, hives or skin rash, or any other unusual medical event.
- Notify your physician if you become pregnant while taking LEVOXYL<sup>®</sup>. It is likely that your dose of LEVOXYL<sup>®</sup> will need to be increased while you are pregnant.
- 10. Notify your physician or dentist that you are taking LEVOXYL® prior to any surgery.
- 11. Partial hair loss may occur rarely during the first few months of LEVOXYL<sup>®</sup> therapy, but this is usually temporary.
- LEVOXYL<sup>®</sup> should not be used as a primary or adjunctive therapy in a weight control program.
- Keep LEVOXYL<sup>®</sup> out of the reach of children. Store LEVOXYL<sup>®</sup> away from heat, moisture, and light.

#### Laboratory Tests

#### General

The diagnosis of hypothyroidism is confirmed by measuring TSH levels using a sensitive assay (second generation assay sensitivity  $\leq 0.1 \text{ mIU/L}$  or third generation assay sensitivity  $\leq 0.01 \text{ mIU/L}$ ) and measurement of free- T<sub>4</sub>.

The adequacy of therapy is determined by periodic assessment of appropriate laboratory tests and clinical evaluation. The choice of laboratory tests depends on various factors including the etiology of the underlying thyroid disease, the presence of concomitant medical conditions, including pregnancy, and the use of concomitant medications (see **PRECAUTIONS, Drug Interactions** and **Drug-Laboratory Test Interactions**). Persistent clinical and laboratory evidence of hypothyroidism despite an apparent adequate replacement dose of LEVOXYL<sup>®</sup> may be evidence of inadequate absorption, poor compliance, drug interactions, or decreased T<sub>4</sub> potency of the drug product.

# Adults

In adult patients with primary (thyroidal) hypothyroidism, serum TSH levels (using a sensitive assay) alone may be used to monitor therapy. The frequency of TSH monitoring during levothyroxine dose titration depends on the clinical situation but it is generally recommended at 6—8 week intervals until normalization. For patients who have recently initiated levothyroxine therapy and whose serum TSH has normalized or in patients who have had their dosage or brand of levothyroxine changed, the serum TSH concentration should be

measured after 8—12 weeks. When the optimum replacement dose has been attained, clinical (physical examination) and biochemical monitoring may be performed every 6—12 months, depending on the clinical situation, and whenever there is a change in the patient's status. It is recommended that a physical examination and a serum TSH measurement be performed at least annually in patients receiving LEVOXYL<sup>®</sup> (see WARNINGS, PRECAUTIONS, and DOSAGE AND ADMINISTRATION).

# **Pediatrics**

In patients with congenital hypothyroidism, the adequacy of replacement therapy should be assessed by measuring both serum TSH (using a sensitive assay) and total- or free-T<sub>4</sub>. During the first three years of life, the serum total- or free-T<sub>4</sub> should be maintained at all times in the upper half of the normal range. While the aim of therapy is to also normalize the serum TSH level, this is not always possible in a small percentage of patients, particularly in the first few months of therapy. TSH may not normalize due to a resetting of the pituitary-thyroid feedback threshold as a result of *in utero* hypothyroidism. Failure of the serum TSH to decrease below 20 mU/L within 4 weeks should alert the physician to the possibility that the child is not receiving adequate therapy. Careful inquiry should then be made regarding compliance, dose of medication administered, and method of administration prior to raising the dose of LEVOXYL<sup>®</sup>.

The recommended frequency of monitoring of TSH and total or free T<sub>4</sub> in children is as follows: at 2 and 4 weeks after the initiation of treatment; every 1—2 months during the first year of life; every 2—3 months between 1 and 3 years of age; and every 3 to 12 months thereafter until growth is completed. More frequent intervals of monitoring may be necessary if poor compliance is suspected or abnormal values are obtained. It is recommended that TSH and T<sub>4</sub> levels, and a physical examination, if indicated, be performed 2 weeks after any change in LEVOXYL<sup>®</sup> dosage. Routine clinical examination, including assessment of mental and physical growth and development, and bone maturation, should be performed at regular intervals (see **PRECAUTIONS, Pediatric Use** and **DOSAGE AND ADMINISTRATION**).

# Secondary (pituitary) and tertiary (hypothalamic) hypothyroidism

Adequacy of therapy should be assessed by measuring serum free- T<sub>4</sub> levels, which should be maintained in the upper half of the normal range in these patients.

# **Drug Interactions**

Many drugs affect thyroid hormone pharmacokinetics and metabolism (e.g., absorption, synthesis, secretion, catabolism, protein binding, and target tissue response) and may alter the therapeutic response to LEVOXYL<sup>®</sup>. In addition, thyroid hormones and thyroid status have varied effects on the pharmacokinetics and action of other drugs. A listing of drug-thyroidal axis interactions is contained in Table 2.

The list of drug-thyroidal axis interactions in Table 2 may not be comprehensive due to the introduction of new drugs that interact with the thyroidal axis or the discovery of previously unknown interactions. The prescriber should be aware of this fact and should consult appropriate reference sources. (e.g., package inserts of newly approved drugs, medical literature) for additional information if a drug-drug interaction with levothyroxine is suspected.

Table 2: D	Drug — Thyroidal Axis Interactions				
Drug or Drug Class	Effect				
Drugs that may reduce TSH secretion - the reduction is not sustained; therefore,					
hypothyroidism does not occur					
Dopamine / Dopamine	Use of these agents may result in a transient				
Agonists Glucocorticoids	reduction in TSH secretion when administered at the				
Octreotide	following doses: Dopamine (≥1 mcg/kg/min); Glucocorticoids (hydrocortisone ≥100 mg/day or				
	equivalent); Octreotide (>100 mcg/day).				
Drugs the	at alter thyroid hormone secretion				
	se thyroid hormone secretion, which may result				
<b>o</b> ,	ypothyroidism				
Aminoglutethimide	Long-term lithium therapy can result in goiter in up to				
Amiodarone	50% of patients, and either subclinical or overt				
lodide (including iodine-	hypothyroidism, each in up to 20% of patients. The				
containing Radiographic	fetus, neonate, elderly and euthyroid patients with underlying thyroid disease (e.g., Hashimoto's				
contrast agents)	thyroiditis or with Grave's disease previously treated				
Lithium	with radioiodine or surgery) are among those				
Lithum	individuals who are particularly susceptible to iodine-				
Methimazole	induced hypothyroidism. Oral cholecystographic				
Propylthiouracil (PTU)	agents and amiodarone are slowly excreted,				
Sulfonamides	producing more prolonged hypothyroidism than parenterally administered iodinated contrast agents.				
	Long-term aminoglutethimide therapy may minimally				
Tolbutamide	decrease $T_4$ and $T_3$ levels and increase TSH, although				
	all values remain within normal limits in most patients.				
Drugs that may increase	se thyroid hormone secretion, which may result				
in hyperthyroidism					
Amiodarone	lodide and drugs that contain pharmacologic amounts				
lodide (including iodine-	of iodide may cause hyperthyroidism in euthyroid				
containing Radiographic	patients with Grave's disease previously treated with				
contrast agents)	antithyroid drugs or in euthyroid patients with thyroid autonomy (e.g., multinodular goiter or hyperfunctioning				
	thyroid adenoma). Hyperthyroidism may develop over				
	several weeks and may persist for several months				
	after therapy discontinuation. Amiodarone may induce				
	hyperthyroidism by causing thyroiditis.				

Table 2: Drug —	Thyroidal Axis Interactions (cont'd)		Miscellaneous
Drug or Drug Class	Effect	Anticoagulants (oral)	Thyroid hormones appear to increase the catabolism
Drugs that may decrease T <sub>4</sub> : Antacids - Aluminum & Magnesium Hydroxides - Simethicone Bile Acid Sequestrants	absorption, which may result in hypothyroidism Concurrent use may reduce the efficacy of levothyroxine by binding and delaying or preventing absorption, potentially resulting in hypothyroidism. Calcium carbonate may form an insoluble chelate with levothyroxine, and ferrous sulfate likely forms a ferric-thyroxine complex. Administer levothyroxine at least 4 hours apart	- Coumarin Derivatives - Indandione Derivatives	of vitamin K-dependent clotting factors, thereby increasing the anticoagulant activity of oral anticoagulants. Concomitant use of these agents impairs the compensatory increases in clotting factor synthesis. Prothrombin time should be carefully monitored in patients taking levothyroxine and oral anticoagulants and the dose of anticoagulant therapy adjusted accordingly.
- Cholestyramine - Colestipol	from these agents. Patients treated concomitantly with orlistat and levothyroxine should be monitored for changes in thyroid function.	Antidepressants - Tricyclics (e.g., Amitriptyline)	Concurrent use of tri/tetracyclic antidepressants and levothyroxine may increase the therapeutic and toxic effects of both drugs, possibly due to increased
Calcium Carbonate Cation Exchange Resins - Kayexalate Ferrous Sulfate		<ul> <li>Tetracyclics (e.g., Maprotiline)</li> <li>Selective Serotonin Reuptake Inhibitors (SSRIs; e.g., Sertraline)</li> </ul>	receptor sensitivity to catecholamines. Toxic effects may include increased risk of cardiac arrhythmias and CNS stimulation; onset of action of tricyclics may be accelerated. Administration of sertraline in patients stabilized on levothyroxine may result in increased levothyroxine requirements.
Orlistat Sucralfate		Antidiabetic Agents	Addition of levothyroxine to antidiabetic or insulin
Drugs that may alter T <sub>4</sub> and T <sub>6</sub>	serum transport — but F T₄ concentration remains	- Biguanides	therapy may result in increased antidiabetic agent or insulin requirements. Careful monitoring of diabetic
	refore, the patient remains euthyroid	- Meglitinides	control is recommended, especially when thyroid
Drugs that may increase	Drugs that may decrease	- Sulfonylureas	therapy is started, changed, or discontinued.
serum TBG concentration	serum TBG concentration	- Thiazolidediones	
Clofibrate Estrogen-containing oral contraceptives	Androgens / Anabolic Steroids Asparaginase	- Insulin	
Estrogens (oral)	Glucocorticoids	Cardiac Glycosides	Serum digitalis glycoside levels may be reduced in hyperthyroidism or when the hypothyroid patient is
Heroin / Methadone	Slow-Release Nicotinic Acid		converted to the euthyroid state. Therapeutic effect
5-Fluorouracil			of digitalis glycosides may be reduced.
		Cytokines	Therapy with interferon- $\alpha$ has been associated with the
Mitotane		- Interferon-α	development of antithyroid microsomal antibodies in
Tamoxifen		- Interleukin-2	20% of patients and some have transient hypothyroidism, hyperthyroidism, or both. Patients who have antithyroid
Drugs that may ca Furosemide ( > 80 mg IV) Heparin Hydantoins	use protein-binding site displacement Administration of these agents with levothyroxine results in an initial transient increase in $FT_4$ . Continued administration results in a decrease in serum $T_4$ and normal $FT_4$ and TSH concentrations		antibodies before treatment are at higher risk for thyroid dysfunction during treatment. Interleukin-2 has been associated with transient painless thyroiditis in 20% of patients. Interferon-j <sup>2</sup> and -γ have not been reported to cause thyroid dysfunction.
Non Steroidal Anti-Inflammatory Drugs - Fenamates	and, therefore, patients are clinically euthyroid. Salicylates inhibit binding of $T_4$ and $T_3$ to TBG and transthyretin. An initial increase in serum FT <sub>4</sub> is followed by return of FT <sub>4</sub> to normal levels with	Growth Hormones - Somatrem - Somatropin	Excessive use of thyroid hormones with growth hormones may accelerate epiphyseal closure. However, untreated hypothyroidism may interfere with growth response to growth hormone.
- Phenylbutazone Salicylates ( > 2 g/day)	sustained therapeutic serum salicylate concentrations, although total- $T_4$ levels may decrease by as much as 30%.	Ketamine	Concurrent use may produce marked hypertension and tachycardia; cautious administration to patients receiving thyroid hormone therapy is recommended.
¥	may alter $T_4$ and $T_3$ metabolism		
	c metabolism, which may result in hypothyroidism	Methylxanthine Bronchodilators	Decreased theophylline clearance may occur in
Carbamazepine Hydantoins	Stimulation of hepatic microsomal drug-metabolizing enzyme activity may cause increased hepatic degradation of levothyroxine, resulting in increased	- (e.g., Theophylline)	hypothyroid patients; clearance returns to normal when the euthyroid state is achieved.
Phenobarbital Rifampin	levothyroxine requirements. Phenytoin and carbamazepine reduce serum protein binding of levothyroxine, and total- and free- T <sub>4</sub> may be reduced	Radiographic Agents	Thyroid hormones may reduce the uptake of <sup>123</sup> I, <sup>131</sup> I, and <sup>99m</sup> Tc.
	by 20% to 40%, but most patients have normal serum TSH levels and are clinically euthyroid.	Sympathomimetics	Concurrent use may increase the effects of sympathomimetics or thyroid hormone. Thyroid
Drugs that may	decrease T <sub>4</sub> 5'-deiodinase activity		hormones may increase the risk of coronary insufficiency when sympathomimetic agents are
Amiodarone Beta-adrenergic antagonists	Administration of these enzyme inhibitors decreases the peripheral conversion of $T_4$ to $T_{3}$ , leading to decreased $T_3$ levels. However, serum $T_4$	Chlevel I hydrote	administered to patients with coronary artery disease.
- (e.g., Propranolol > 160 mg/day)	levels are usually normal but may occasionally be slightly increased. In patients treated with large doses of propranolol (>160 mg/day), $T_3$ and $T_4$	Chloral Hydrate Diazepam Ethionamide	These agents have been associated with thyroid hormone and / or TSH level alterations by various mechanisms.
Glucocorticoids	levels change slightly, TSH levels remain normal,		
- (e.g., Dexamethasone	and patients are clinically euthyroid. It should be	Lovastatin	
> 4 mg/day)	noted that actions of particular beta-adrenergic antagonists may be impaired when the	Metoclopramide	
Propylthiouracil (PTU)	hypothyroid patient is converted to the euthyroid	6-Mercaptopurine	
	state. Short-term administration of large doses of glucocorticoids may decrease serum T <sub>3</sub>	Nitroprusside	
	concentrations by 30% with minimal change in	Para-aminosalicylate sodium	
	serum T <sub>4</sub> levels. However, long-term	Perphenazine	
	glucocorticoid therapy may result in slightly decreased $T_3$ and $T_4$ levels due to decreased TBG	Resorcinol (excessive topical use)	
	production (see above).	Thiazide Diuretics	

<u>Oral anticoagulants</u> — Levothyroxine increases the response to oral anticoagulant therapy. Therefore, a decrease in the dose of anticoagulant may be warranted with correction of the hypothyroid state or when the LEVOXYL® dose is increased. Prothrombin time should be closely monitored to permit appropriate and timely dosage adjustments (see **Table 2**). <u>Digitalis glycosides</u> — The therapeutic effects of digitalis glycosides may be reduced by levothyroxine. Serum digitalis glycoside levels may be decreased when a hypothyroid patient becomes euthyroid, necessitating an increase in the dose of digitalis glycosides (see **Table 2**).

# **Drug-Food Interactions**

Consumption of certain foods may affect levothyroxine absorption thereby necessitating adjustments in dosing. Soybean flour (infant formula), cotton seed meal, walnuts, and dietary fiber may bind and decrease the absorption of levothyroxine sodium from the GI tract.

#### **Drug-Laboratory Test Interactions**

Changes in TBG concentration must be considered when interpreting  $T_4$  and  $T_3$  values, which necessitates measurement and evaluation of unbound (free) hormone and/or determination of the free  $T_4$  index (FT\_4)). Pregnancy, infectious hepatitis, estrogens, estrogens, containing oral contraceptives, and acute intermittent porphyria increase TBG concentrations. Decreases in TBG concentrations are observed in nephrosis, severe hypoproteinemia, severe liver disease, acromegaly, and after androgen or corticosteroid therapy (see also **Table 2**). Familial hyper- or hypo-thyroxine binding globulinemias have been described, with the incidence of TBG deficiency approximating 1 in 9000.

#### Carcinogenesis, Mutagenesis, and Impairment of Fertility

Animal studies have not been performed to evaluate the carcinogenic potential, mutagenic potential or effects on fertility of levothyroxine. The synthetic  $T_4$  in LEVOXYL<sup>®</sup> is identical to that produced naturally by the human thyroid gland. Although there has been a reported association between prolonged thyroid hormone therapy and breast cancer, this has not been confirmed. Patients receiving LEVOXYL<sup>®</sup> for appropriate clinical indications should be titrated to the lowest effective replacement dose.

# Pregnancy — Category A

Studies in women taking levothyroxine sodium during pregnancy have not shown an increased risk of congenital abnormalities. Therefore, the possibility of fetal harm appears remote. LEVOXYL<sup>®</sup> should not be discontinued during pregnancy and hypothyroidism diagnosed during pregnancy should be promptly treated.

Hypothyroidism during pregnancy is associated with a higher rate of complications, including spontaneous abortion, pre-eclampsia, stillbirth and premature delivery. Maternal hypothyroidism may have an adverse effect on fetal and childhood growth and development. During pregnancy, serum T<sub>4</sub> levels may decrease and serum TSH levels increase to values outside the normal range. Since elevations in serum TSH may occur as early as 4 weeks gestation, pregnant women taking LEVOXYL<sup>®</sup> should have their TSH measured during each trimester. An elevated serum TSH level should be corrected by an increase in the dose of LEVOXYL<sup>®</sup>. Since postpartum TSH levels are similar to preconception values, the LEVOXYL<sup>®</sup> dosage should return to the pre-pregnancy dose immediately after delivery. A serum TSH level should be obtained 6–8 weeks postpartum.

Thyroid hormones do not readily cross the placental barrier; however, some transfer does occur as evidenced by levels in cord blood of athyreotic fetuses being approximately onethird maternal levels. Transfer of thyroid hormone from the mother to the fetus, however, may not be adequate to prevent in utero hypothyroidism.

## **Nursing Mothers**

Although thyroid hormones are excreted only minimally in human milk, caution should be exercised when LEVOXYL<sup>®</sup> is administered to a nursing woman. However, adequate replacement doses of levothyroxine are generally needed to maintain normal lactation.

#### Pediatric Use

#### <u>General</u>

The goal of treatment in pediatric patients with hypothyroidism is to achieve and maintain normal intellectual and physical growth and development.

The initial dose of levothyroxine varies with age and body weight (see **DOSAGE AND ADMINISTRATION, Table 3**). Dosing adjustments are based on an assessment of the individual patient's clinical and laboratory parameters (see **PRECAUTIONS, Laboratory Tests**).

In children in whom a diagnosis of permanent hypothyroidism has not been established, it is recommended that levothyroxine administration be discontinued for a 30-day trial period, but only after the child is at least 3 years of age. Serum T\_4 and TSH levels should then be obtained. If the T\_4 is low and the TSH high, the diagnosis of permanent hypothyroidism is established, and levothyroxine therapy should be reinstituted. If the T\_4 and TSH levels are normal, euthyroidism may be assumed and, therefore, the hypothyroidism can be considered to have been transient. In this instance, however, the physician should carefully monitor the child and repeat the thyroid function tests if any signs or symptoms of hypothyroidism develop. In this setting, the clinician should have a high index of suspicion of relapse. If the results of the levothyroxine withdrawal test are inconclusive, careful follow-up and subsequent testing will be necessary.

Since some more severely affected children may become clinically hypothyroid when treatment is discontinued for 30 days, an alternate approach is to reduce the replacement dose of levothyroxine by half during the 30-day trial period. If, after 30 days, the serum TSH is elevated above 20 mU/L, the diagnosis of permanent hypothyroidism is confirmed, and full replacement therapy should be resumed. However, if the serum TSH has not risen to greater than 20 mU/L, levothyroxine treatment should be discontinued for another 30-day trial period followed by repeat serum  $T_4$  and TSH.

The presence of concomitant medical conditions should be considered in certain clinical circumstances and, if present, appropriately treated (see **PRECAUTIONS**).

# Congenital Hypothyroidism (see PRECAUTIONS, Laboratory Tests and DOSAGE AND ADMINISTRATION)

Rapid restoration of normal serum  $T_4$  concentrations is essential for preventing the adverse effects of congenital hypothyroidism on intellectual development as well as on overall physical growth and maturation. Therefore, LEVOXYL<sup>®</sup> therapy should be initiated immediately upon diagnosis and is generally continued for life.

During the first 2 weeks of LEVOXYL<sup>®</sup> therapy, infants should be closely monitored for cardiac overload, arrhythmias, and aspiration from avid suckling.

The patient should be monitored closely to avoid undertreatment or overtreatment. Undertreatment may have deleterious effects on intellectual development and linear growth. Overtreatment has been associated with craniosynostosis in infants, and may adversely affect the tempo of brain maturation and accelerate the bone age with resultant premature closure of the epiphyses and compromised adult stature.

#### Acquired Hypothyroidism in Pediatric Patients

The patient should be monitored closely to avoid undertreatment and overtreatment. Undertreatment may result in poor school performance due to impaired concentration and slowed mentation and in reduced adult height. Overtreatment may accelerate the bone age and result in premature epiphyseal closure and compromised adult stature.

Treated children may manifest a period of catch-up growth, which may be adequate in some cases to normalize adult height. In children with severe or prolonged hypothyroidism, catch-up growth may not be adequate to normalize adult height.

## Geriatric Use

Because of the increased prevalence of cardiovascular disease among the elderly, levothyroxine therapy should not be initiated at the full replacement dose (see **WARNINGS**, **PRECAUTIONS**, and **DOSAGE AND ADMINISTRATION**).

#### ADVERSE REACTIONS

Adverse reactions associated with levothyroxine therapy are primarily those of hyperthyroidism due to therapeutic overdosage. They include the following:

General: fatigue, increased appetite, weight loss, heat intolerance, fever, excessive sweating;

Central nervous system: headache, hyperactivity, nervousness, anxiety, irritability, emotional lability, insomnia;

Musculoskeletal: tremors, muscle weakness;

*Cardiac:* palpitations, tachycardia, arrhythmias, increased pulse and blood pressure, heart failure, angina, myocardial infarction, cardiac arrest;

#### Pulmonary: dyspnea;

GI: diarrhea, vomiting, abdominal cramps;

Dermatologic: hair loss, flushing;

Reproductive: menstrual irregularities, impaired fertility.

Pseudotumor cerebri and slipped capital femoral epiphysis have been reported in children receiving levothyroxine therapy. Overtreatment may result in craniosynostosis in infants and premature closure of the epiphyses in children with resultant compromised adult height.

Seizures have been reported rarely with the institution of levothyroxine therapy.

Inadequate levothyroxine dosage will produce or fail to ameliorate the signs and symptoms of hypothyroidism.

Hypersensitivity reactions to inactive ingredients have occurred in patients treated with thyroid hormone products. These include urticaria, pruritus, skin rash, flushing, angioedema, various GI symptoms (abdominal pain, nausea, vomiting and diarrhea), fever, arthralgia, serum sickness and wheezing. Hypersensitivity to levothyroxine itself is not known to occur.

In addition to the above events, the following have been reported, predominately when LEVOXYL<sup>®</sup> tablets were not taken with water: choking, gagging, tablet stuck in throat and dysphagia (see **Information for Patients**).

# OVERDOSAGE

The signs and symptoms of overdosage are those of hyperthyroidism (see **PRECAUTIONS** and **ADVERSE REACTIONS**). In addition, confusion and disorientation may occur. Cerebral embolism, shock, coma, and death have been reported. Seizures have occurred in a child ingesting approximately 20 mg of levothyroxine. Symptoms may not necessarily be evident or may not appear until several days after ingestion of levothyroxine sodium.

## Treatment of Overdosage

Levothyroxine sodium should be reduced in dose or temporarily discontinued if signs or symptoms of overdosage occur.

Acute Massive Overdosage — This may be a life-threatening emergency, therefore, symptomatic and supportive therapy should be instituted immediately. If not contraindicated (e.g., by seizures, coma, or loss of the gag reflex), the stomach should be emptied by emesis or gastric lavage to decrease gastrointestinal absorption. Activated charcoal or cholestyramine may also be used to decrease absorption. Central and peripheral increased sympathetic activity may be treated by administering B-receptor antagonists, e.g., propranolol (1 to 3 mg intravenous) over a 10-minute period, or orally, 80 to 160 mg/day). Provide respiratory support as needed; control congestive heart failure; control fever, hypoglycemia, and fluid loss as necessary. Glucocorticoids may be given to inhibit the conversion of  $T_4$  to  $T_3$ .

#### DOSAGE AND ADMINISTRATION

# General Principles:

The goal of replacement therapy is to achieve and maintain a clinical and biochemical euthyroid state. The goal of suppressive therapy is to inhibit growth and/or function of abnormal thyroid tissue. The dose of LEVOXYL<sup>®</sup> that is adequate to achieve these goals depends on a variety of factors including the patient's age, body weight, cardiovascular status, concornitant medical conditions, including pregnancy, concomitant medications, and the specific nature of the condition being treated (see **WARNINGS** and **PRECAUTIONS**). Hence, the following recommendations serve only as dosing guidelines. Dosing must be individualized and adjustments made based on periodic assessment of the patient's clinical response and laboratory parameters (see **PRECAUTIONS**, Laboratory Tests).

The LEVOXYL<sup>®</sup> should be taken in the morning on an empty stomach, at least one-half hour before any food is eaten. LEVOXYL<sup>®</sup> should be taken at least 4 hours apart from drugs that are known to interfere with its absorption (see **PRECAUTIONS, Drug Interactions**).

 $\mathsf{LEVOXYL}^{\otimes}$  should be taken with water (see Information for Patients and ADVERSE REACTIONS).

Due to the long half-life of levothyroxine, the peak therapeutic effect at a given dose of levothyroxine sodium may not be attained for 4-6 weeks.

Caution should be exercised when administering LEVOXYL<sup>®</sup> to patients with underlying cardiovascular disease, to the elderly, and to those with concomitant adrenal insufficiency (see **PRECAUTIONS**).

# **Specific Patient Populations:**

Hypothyroidism in Adults and in Children in Whom Growth and Puberty are Complete (see WARNINGS and PRECAUTIONS, Laboratory Tests). Therapy may begin at full replacement doses in otherwise healthy individuals less than 50 years old and in those older than 50 years who have been recently treated for hyperthyroidism or who have been hypothyroid for only a short time (such as a few months). The average full replacement dose of levothyroxine sodium is approximately 1.7 mcg/kg/day (e.g., **100—125 mcg/day** for a 70 kg adult). Older patients may require less than 1 mcg/kg/day. Levothyroxine sodium doses greater than 200 mcg/day are seldom required. An inadequate response to daily doses ≥300 mcg/day is rare and may indicate poor compliance, malabsorption, and/or drug interactions.

For most patients older than 50 years or for patients under 50 years of age with underlying cardiac disease, an initial starting dose of **25—50 mcg/day** of levothyroxine sodium is recommended, with gradual increments in dose at 6—8 week intervals, as needed. The recommended starting dose of levothyroxine sodium in elderly patients with cardiac disease is **12.5—25 mcg/day**, with gradual dose increments at 4—6 week intervals. The levothyroxine sodium dose is generally adjusted in 12.5—25 mcg increments until the patient with primary hypothyroidism is clinically euthyroid and the serum TSH has normalized.

In patients with severe hypothyroidism, the recommended initial levothyroxine sodium dose is 12.5—25 mcg/day with increases of 25 mcg/day every 2—4 weeks, accompanied by clinical and laboratory assessment, until the TSH level is normalized.

In patients with secondary (pituitary) or tertiary (hypothalamic) hypothyroidism, the levothyroxine sodium dose should be titrated until the patient is clinically euthyroid and the serum free-  $\mathsf{T}_4$  level is restored to the upper half of the normal range.

<u>Pediatric Dosage — Congenital or Acquired Hypothyroidism</u> (see **PRECAUTIONS**, Laboratory Tests)

General Principles

In general, levothyroxine therapy should be instituted at full replacement doses as soon as possible. Delays in diagnosis and institution of therapy may have deleterious effects on the child's intellectual and physical growth and development.

Undertreatment and overtreatment should be avoided (see PRECAUTIONS, Pediatric Use).

LEVOXYL<sup>®</sup> may be administered to infants and children who cannot swallow intact tablets by crushing the tablet and suspending the freshly crushed tablet in a small amount (5—10 mL or 1—2 teaspoons) of water. This suspension can be administered by spoon or dropper. **DO NOT STORE THE SUSPENSION**. Foods that decrease absorption of levothyroxine, such as soybean infant formula, should not be used for administering levothyroxine sodium tablets (see **PRECAUTIONS, Drug-Food Interactions**).

Newborns

The recommended starting dose of levothyroxine sodium in newborn infants is **10–15 mcg/kg/day**. A lower starting dose (e.g., 25 mcg/day) should be considered in infants at risk for cardiac failure, and the dose should be increased in 4–6 weeks as needed based on clinical and laboratory response to treatment. In infants with very low (< 5 mcg/dL) or undetectable serum T<sub>4</sub> concentrations, the recommended initial starting dose is **50 mcg/day** of levothyroxine sodium.

#### Infants and Children

Levothyroxine therapy is usually initiated at full replacement doses, with the recommended dose per body weight decreasing with age (see **TABLE 3**). However, in children with chronic or severe hypothyroidism, an initial dose of **25 mcg/day** of levothyroxine sodium is recommended with increments of 25 mcg every 2—4 weeks until the desired effect is achieved.

Hyperactivity in an older child can be minimized if the starting dose is one-fourth of the recommended full replacement dose, and the dose is then increased on a weekly basis by an amount equal to one-fourth the full recommended replacement dose until the full recommended replacement dose is reached.

Table 3: Levothyroxine Sodium Dosing Guidelines for Pediatric Hypothyroidism		
AGE	Daily Dose Per Kg Body Weight <sup>a</sup>	
0—3 months	10—15 mcg/kg/day	
3—6 months	8—10 mcg/kg/day	
6—12 months	6—8 mcg/kg/day	
1—5 years	5—6 mcg/kg/day	
6—12 years	4—5 mcg/kg/day	
>12 years	2—3 mcg/kg/day	
Growth and puberty complete	1.7 mcg/kg/day	

<sup>a</sup> - The dose should be adjusted based on clinical response and laboratory parameters (see PRECAUTIONS, Laboratory Tests and Pediatric Use).

Pregnancy — Pregnancy may increase levothyroxine requirements (see PREGNANCY).

Subclinical Hypothyroidism — If this condition is treated, a lower levothyroxine sodium dose (e.g., **1 mcg/kg/day**) than that used for full replacement may be adequate to normalize the serum TSH level. Patients who are not treated should be monitored yearly for changes in clinical status and thyroid laboratory parameters.

TSH Suppression in Well-differentiated Thyroid Cancer and Thyroid Nodules — The target level for TSH suppression in these conditions has not been established with controlled studies. In addition, the efficacy of TSH suppression for benign nodular disease is controversial. Therefore, the dose of LEVOXYL<sup>©</sup> used for TSH suppression should be individualized based on the specific disease and the patient being treated.

In the treatment of well differentiated (papillary and follicular) thyroid cancer, levothyroxine is used as an adjunct to surgery and radioiodine therapy. Generally, TSH is suppressed to <0.1 mU/L, and this usually requires a levothyroxine sodium dose of **greater than 2 mcg/kg/day**. However, in patients with high-risk tumors, the target level for TSH suppression may be <0.01 mU/L.

In the treatment of benign nodules and nontoxic multinodular goiter, TSH is generally suppressed to a higher target (e.g., 0.1-0.5 mU/L for nodules and 0.5-1.0 mU/L for multinodular goiter) than that used for the treatment of thyroid cancer. Levothyroxine sodium is contraindicated if the serum TSH is already suppressed due to the risk of precipitating overt thyrotoxicosis (see CONTRAINDICATIONS, WARNINGS and PRECAUTIONS).

Myxedema Coma — Myxedema coma is a life-threatening emergency characterized by poor circulation and hypometabolism, and may result in unpredictable absorption of levothyroxine sodium from the gastrointestinal tract. Therefore, oral thyroid hormone drug products are not recommended to treat this condition. Thyroid hormone products formulated for intravenous administration should be administered.

# HOW SUPPLIED

– LEVOXYL  $^{\otimes}(\mbox{levothyroxine sodium tablets, USP})$  are supplied as oval, color-coded, potency marked tablets in 11 strengths:

Strength (mcg)	Color	NDC # for bottles of 100	NDC # for bottles of 1000
25	Orange	NDC 60793-850-01	NDC 60793-850-10
50	White	NDC 60793-851-01	NDC 60793-851-10
75	Purple	NDC 60793-852-01	NDC 60793-852-10
88	Olive	NDC 60793-853-01	NDC 60793-853-10
100	Yellow	NDC 60793-854-01	NDC 60793-854-10
112	Rose	NDC 60793-855-01	NDC 60793-855-10
125	Brown	NDC 60793-856-01	NDC 60793-856-10
137	Dark Blue	NDC 60793-857-01	NDC 60793-857-10
150	Blue	NDC 60793-858-01	NDC 60793-858-10
175	Turquoise	NDC 60793-859-01	NDC 60793-859-10
200	Pink	NDC 60793-860-01	NDC 60793-860-10

# STORAGE CONDITIONS

20°-25°C (68°-77°F) with excursions permitted between 15°-30°C (59°-86°F).

Meets USP Dissolution Tests 1 and 2.

**Rx ONLY** 

## Manufactured and Distributed by:

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