

The following includes information on purchasing and using Oestrogel, an estrogen gel used to relieve the symptoms of menopause. Talk with your doctor before starting any new hormone therapy.

**Supplied by:**

Masters Marketing Co.  
Masters House  
5 Sandridge Close  
Harrow, Middlesex HA1 1TW

**To place an order:**

Call US +1 800 969 1152

Fa x +1 800 969 1153

Web site: Web: [www.masters-uk.com/medicines](http://www.masters-uk.com/medicines) <<http://www.masters-uk.com/medicines>>

**UK Fax:** +44.208.327.0901

**UK Tel** +44.208 327 0900

Very Important! Please note: We are required by the FDA equivalent in the UK, the MHRA (Medicines and Healthcare Products Regulatory Association), that all orders that we receive for prescribed medications be supported by a valid prescription. There are no exceptions. This can be faxed, emailed or mailed to us.

We do not supply medicines for personal use to anywhere in the UK or any country in the EU.

**Information for Patients:**

Estradiol is the primary estrogen produced by the human ovary. Oestrogel is a gel containing estradiol. Oestrogel should be used to provide estrogen replacement therapy (ERT) for the relief of symptoms of menopause, such as hot flashes and night sweats. Every 100 grams of Oestrogel contains 60 mg of estradiol as the active ingredient. Each dispenser provides 64 full measures, each consisting of 1.25g of Oestrogel.

**Dosage:**

Oestrogel should be used as directed by your doctor. If you are still having regular periods you should begin Oestrogel within 5 days of the start of your period. If your periods have stopped or are irregular, you can start Oestrogel at any time. Oestrogel may be applied once daily in the morning or evening after cleansing the skin, preferably at the same time each day. If you were prescribed two measures of gel, you should apply one measure over each arm and shoulder or inner thigh. If you are using four measures of gel you should use two measures on each arm and shoulder or inner thigh. A template is provided with the Oestrogel and when placed on the skin will show the area of skin over which to apply the gel. If you have an intact uterus and are taking progesterone or progestins, take the tablets as instructed by your doctor. You should take a tablet just before or just after using the Oestrogel.

**Warnings:**

Do not use if you are pregnant or suspect you might be; if you have, or have had: blood clots, high blood pressure, breast lumps, a family history of breast cancer, liver or kidney disease, or any disease of the uterus.

Do not exceed the prescribed dose. Do not apply on or near the breasts or genital area.

Note:

Information about Oestrogel, including where to obtain and how to apply it, originates with the manufacturer and distributor. It is posted on Dr. Friedman's web site for informational purposes only. This web site does not offer medical advice, and viewing the web site does not create a physician-patient relationship between you and Dr. Friedman. Always consult your physician before beginning or altering a medical treatment.